

School menus, May 10-14, 2010

Written by Bruce Alsobrook
Saturday, 24 April 2010 15:56

Sulphur Springs ISD

Monday, May 10: Breakfast — Assorted cereal, toast with jelly, orange juice and milk; Lunch — Hot dogs with mustard, french fries with catsup, pinto beans, banana pudding and milk

Tuesday May 11: Breakfast — Oatmeal, cinnamon toast, orange juice and milk; Lunch — Steak fingers with gravy, creamed potatoes, green beans, strawberry gelatin, buttered rolls and milk

Wednesday May 12: Breakfast — French toast sticks with syrup, orange juice and milk; Lunch — Italian spaghetti with meat sauce, garden salad with dressing, sliced carrots, sherbet ice cream, garlic toast and milk

Thursday May 13: Breakfast — Cinnamon rolls, cheese sticks, orange juice and milk; Lunch — Stuffed crust pizza, whole kernel corn, flavored applesauce and milk

Friday May 14: Breakfast — Pancakes with syrup, sausage patty, orange juice and milk; Lunch — Ham and cheese submarines with lettuce, tomatoes and pickles, low-fat chips, sliced peaches and milk

Como-Pickton CISD

Monday, May 10: Breakfast — Cinnamon rolls, bran flakes, milk, fruit, juice; Lunch — Chicken poppers, macaroni and cheese, Navy beans, cornbread, oranges, milk

Tuesday, May 11: Breakfast — Sausage and pancakes on stick, cheerios, fruit, juice, milk; Lunch — Smoked ham, pinto beans, potato salad, rice krispies treat, cornbread, milk

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Wednesday, May 12: Breakfast — French toast, rice krispies, fruit, milk, juice; Lunch — Chili dog, baked beans, baked potato chips, fruit cobbler, milk

Thursday, May 13: Breakfast — Cheese toast, apple jacks, milk, juice, fruit; Lunch — Beef enchiladas, Spanish rice, pinto beans, chilled peaches, milk

Friday, May 14: Breakfast — Biscuits, gravy, sausage, fruit loops, milk, fruit, juice; Lunch — Turkey and dressing, slice potatoes, green beans, rolls, mixed fruit, milk

Cumby ISD

Monday, May 10: Breakfast — Breakfast pizza, fruit, juice, milk; Lunch — Chicken fingers, potatoes and gravy, peas, wheat roll, grapes, milk

Tuesday, May 11: Breakfast — Sausage pancake on stick, fruit, juice, milk; Lunch — Chick fillet, salad cup, potato smiles, mandarin oranges, milk

Wednesday, May 12: Breakfast — Pigs in a blanket, fruit, juice, milk; Lunch — Chili dogs, potato tots, ranch beans, peaches and cream, milk

Thursday, May 13: Breakfast — Variety cereal or pop tarts, fresh bananas, fruit, juice, milk; Lunch — Soft tacos, salad mix, Spanish rice, chips and salsa, bananas, milk

Friday, May 14: Breakfast — Scrambled eggs, sausage, gravy and biscuits, fruit, juice, milk; Lunch — Cheeseburgers, baked Lays chips, salad cup, orange smiles, milk

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Miller Grove ISD

Monday, May 10: Breakfast — Breakfast pizza, assorted cereal, juice, milk; Lunch — Chicken quesadilla, refried beans, tortilla chips, queso, chocolate cake, milk

Tuesday, May 11: Breakfast — Sausage patties, biscuits, gravy, assorted cereal, fruit, milk; Lunch — Mini steak burgers, crinkle fries, pickles, baked apples, milk

Wednesday, May 12: Breakfast — Breakfast sandwich, assorted cereal, toast, juice, milk; Lunch — Cheesy Fall casserole, cooked carrots, peaches, milk

Thursday, May 13: Breakfast — Peanut butter and chocolate muffin, assorted cereal, fruit, milk; Lunch — Pizza Inn choice, corn, ranch beans, banana pudding milk

Friday, May 14: Breakfast — Pigs in a blanket, assorted cereal, fruit, juice, milk; Lunch — Sub your way sandwich, assorted chips, fresh fruit, peanut butter cookies, milk

North Hopkins ISD

Monday, May 10: Breakfast — Cereal and toast or oatmeal and toast, juice, milk; Lunch — Salisbury steak, potatoes, brown gravy, peas, bread, fruit, cake, milk

Tuesday, May 11: Breakfast — Cereal and toast or French toast, juice, milk; Lunch — Pizza, salad, corn, cookie, milk

Wednesday, May 12: Breakfast — Cereal and toast or breakfast pizza, juice, milk; Lunch — Ravioli, green beans, corn, bread, milk

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Thursday, May 13: Breakfast — Cereal and toast or biscuits and gravy, juice, milk; Lunch — Fajitas, beans, rice, lettuce and tomato, cookie, milk

Friday, May 14: Breakfast — Cereal and toast or cinnamon toast, juice, milk; Lunch — Chicken fried steak, potatoes, gravy, Black-eyed peas, fruit, bread, milk

Saltillo ISD

Monday, May 10: Breakfast — Breakfast bars; Lunch — Chicken nuggets, gravy, cream potatoes, rolls, fruit, milk

Tuesday, May 11: Breakfast — Sausage and biscuits; Lunch — Hamburgers, fries, pickles, tomatoes, fruit, milk

Wednesday, May 12: Breakfast — Cinnamon rolls; Lunch — Chef salad, crackers, fruit, cookies, milk

Thursday, May 13: Breakfast — Waffle sticks; Lunch — Chicken and rice, corn, salad, pinto beans, fruit, milk

Friday, May 14: No School

Sulphur Bluff ISD

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Breakfast grab and go option: Cereal, Fruit, Juice, Milk

Monday, May 10: Breakfast — Egg Patty and biscuit, juice, milk; Lunch — Chicken Fajitas, flour tortillas, refried beans, Spanish rice, fruit, milk or BBQ on Bun

Tuesday, May 11: Breakfast — Mozzarella, toast, granola, juice, milk; Lunch — Baked Ham, macaroni and cheese, green beans, roll, fresh fruit, milk or Chicken Tenders

Wednesday, May 12: Breakfast — Breakfast Pizza, fruit, juice, milk; Lunch — Chicken Patty Sandwiches

oven fries, carrot sticks, fruit, milk or Steak Fingers

Thursday, May 13: Breakfast — PB Cups, graham cracker, fruit, juice, milk; Lunch — Taco Stack, salsa, lettuce/tomato, cheese, pinto beans, fruit, milk or Grilled Cheese Sandwiches

Friday, May 14: Breakfast — Taco, salsa, fruit, juice, milk; Lunch — Hamburger, with trimmings, chips, fruit, milk

Yantis ISD

Monday, May 10: Breakfast — Cinnamon Raisin biscuits, cereal, juice, milk; Lunch — Grilled cheese, pickle spears, salad, fruit, milk

Tuesday, May 11: Breakfast — Danish, cereal, juice, milk; Lunch — Taco salad, refried beans,

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Spanish rice, fruit, milk

Wednesday, May 12: Breakfast — Pancakes, sausage, cereal, juice, milk; Lunch — Pizza, baby carrots, salad, fruit, milk

Thursday, May 13: Breakfast — Pop tarts, cereal, juice, milk; Lunch — Corn dogs, pickle spears, potato salad, fruit, milk

Friday, May 14: Breakfast — Biscuits, sausage, gravy, cereal, juice, milk; Lunch — Chicken sandwich, chips, burger salad, fruit, milk