

School Menus, April 19-23, 2010

Written by Bruce Alsobrook
Saturday, 27 March 2010 17:29

Sulphur Springs ISD

Monday: Breakfast — Assorted cereal, toast, orange juice, milk; Lunch — Hamburgers with lettuce, tomatoes and pickles, french fries with catsup, fresh banana pudding, milk

Tuesday: Breakfast — Scrambled eggs with bacon and toast, orange juice, milk; Lunch — Chicken nuggets with sauce, creamed potatoes, black-eyed peas, citrus gelatin, bread and milk

Wednesday: Breakfast — French toast sticks with syrup, orange juice, milk; Lunch — Spaghetti with meat sauce and mozzarella, green beans, buttered carrots, flavored applesauce, garlic toast and milk

Thursday: Breakfast — Oatmeal, cinnamon toast, orange juice, milk; Lunch — Hopkins County stew, assorted sandwiches, saltine crackers, sliced peaches and milk

Friday: Breakfast — Ham and cheese croissants, orange juice, milk; Lunch — Pizza, English peas, baby carrots with dressing, carnival cookies, bread and milk

Como-Pickton CISD

Monday, April 19: Breakfast — Cinnamon rolls, bran flakes, milk, fruit, juice; Lunch — Big Daddy Pizza, tossed salad, corn on cob, rice krispies, milk

Tuesday, April 20: Breakfast — Sausage and pancakes on a stick, cheerios, juice, milk; Lunch — Chicken spaghetti, salad, brownies, milk

Wednesday, April 21: Breakfast — French toast, rice krispies, juice, milk; Lunch — Submarine sandwich, dorito chips, oranges, milk

Thursday, April 22: Breakfast — Cheese toast, apple jacks, milk, juice, fruit; Lunch — Pot roast, salad, fruit cobbler, milk

Friday, April 23: Breakfast — Biscuits, gravy, sausage, fruit loops, milk, fruit, juice; Lunch — Chicken fried steak, mashed potatoes, broccoli and cheese, chilled peaches, rolls, milk

Cumby ISD

Monday, April 19: Breakfast — Waffles, ham slices, fruit, juice, milk; Lunch — Burritos, salad, pinto beans, chips and salsa, tropical fruit, milk

Tuesday, April 20: Breakfast — Cereal or pop tarts, fruit, gogurt, milk; Lunch — Steak fingers, potatoes and gravy, green peas, rolls, rosy applesauce

Wednesday, April 21: Breakfast — Cinnamon rolls, cheese sticks, fruit, juice, milk; Lunch — Pizza, seasoned corn, garden salad, chilled fruit, milk

Thursday, April 22: Breakfast — Muffins, fruit, juice, milk; Lunch — Deli subs, salad cups, baked chips, green apples

Friday, April 23: Breakfast — Breakfast pizza, fruit, juice, milk; Lunch — Chili dogs, baked fries, ranch beans, fruit mix, milk

Miller Grove ISD

Monday, April 19: Breakfast — Peanut butter and chocolate muffin, assorted cereal, juice, milk; Lunch — Sloppy Joe Sandwich, tator tots, chocolate pudding, milk or chef salad

Tuesday, April 20: Breakfast — Sausage patties, biscuits, gravy, juice, milk; Lunch — Pizza hot pockets, potato wedges, tossed salad, brownie, milk or chef salad

Wednesday, April 21: Breakfast — Chicken on a biscuit, assorted cereal, toast, juice, milk; Lunch — Chicken noodle soup, grill cheese sandwich, crackers, pickle spears, applesauce, milk or chef salad

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Thursday, April 22: Breakfast — Waffle stick, sausage links, assorted cereal, juice, milk; Lunch — Chicken quesadilla, refried beans, salsa, chips, queso, cookies, milk or chef salad

Friday, April 23: Breakfast — Breakfast pizza, assorted cereal, juice, milk; Lunch — Sub your way sandwich, assorted chips, pineapple chunks, peanut butter cookies, milk or chef salad

North Hopkins ISD

Monday, April 19: Breakfast — Cereal and toast or Muffins, juice, milk; Lunch — Chicken Fried Steak, potatoes, gravy, Black-eyed peas, fruit, bread, milk

Tuesday, April 20: Breakfast — Cereal and toast or Breakfast burrito, juice, milk; Lunch — Sloppy Joe, tator tots, fruit, cookie, milk

Wednesday, April 21: Breakfast — Cereal and toast or sausage and biscuit, juice, milk; Lunch — Nachos, beans, salad, pudding, milk

Thursday, April 22: Breakfast — Cereal and toast or cinnamon roll, juice, milk; Lunch — Chicken, potatoes, gravy, peas, bread, cobbler, milk

Friday, April 23: Breakfast — Cereal and toast or Oatmeal and toast, juice, milk; Lunch — Hot Dog, chips, ranch beans, fruit, cookie, milk

Saltillo ISD

Monday, April 19: Breakfast — Breakfast bars; Lunch — Sloppy Joes, potato salad, baked beans, chips, cookies, milk

Tuesday, April 20: Breakfast — Breakfast pizza; Lunch — Macaroni and cheese, pinto beans, squash, fresh pears, cornbread, milk

Wednesday, April 21: Breakfast — Cinnamon roll; Lunch — Chicken quesadilla, corn, salad, fresh grapes, milk

Thursday, April 22: Breakfast — Sausage and biscuits; Lunch — Chicken fajitas, ranch style beans, salad, chocolate cake, diced peaches, milk

Friday, April 23: Breakfast — Cereal and toast; Lunch — Hamburgers, cheese slices, chips, Black-eye peas, bananas, milk

Sulphur Bluff ISD

Breakfast — Grab 'n Go option-Muffins, fruit, juice, milk

Monday, April 19: Breakfast — Breakfast Taco, salsa, fruit, juice, milk; Lunch — Breaded Boneless Pork Chop, mashed potatoes, green beans, bread, fruit, milk or chicken bowl

Tuesday, April 20: Breakfast — Biscuit and sausage link, fruit, juice, milk; Lunch — King Ranch Casserole, mix vegetables, ranch beans, fruit, milk or McRib sandwiches

Wednesday, April 21: Breakfast — PB Jamwiches, granola, juice, milk; Lunch — Spaghetti with meat sauce, corn, salad, breadstick, fruit, milk or steakfingers

Thursday, April 22: Breakfast — Pancakes, syrup, fruit, juice, milk; Lunch — Chicken Fajitas, flour tortillas, refried beans, Spanish rice, fruit, milk or taco pocket

Friday, April 23: Breakfast — Oatmeal, toast, jelly, juice, milk; Lunch — Hamburgers, trimmings, oven fries, fruit, milk or chicken tenders

Yantis ISD

Monday, April 19: Breakfast — Pop tarts, cereal, juice, milk; Lunch — Corndogs, baked beans, baby carrots, fruit, milk

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Tuesday, April 20: Breakfast — Belgium waffles, cereal, juice, milk; Lunch — Steak fingers, gravy, new potatoes, cheesy broccoli, bread, fruit, milk

Wednesday, April 21: Breakfast — Pancakes, sausage, cereal, juice, milk; Lunch — Pizza, corn on cob, salad, fruit, milk

Thursday, April 22: Breakfast — Cinnamon rolls, cereal, juice, milk; Lunch — Chicken Fajitas, steamed vegetables, Spanish rice, milk, fruit

Friday, April 23: Breakfast — Biscuits, sausage, gravy, cereal, juice, milk; Lunch — Grilled cheese, salad, pickle spears, chips, fruit, milk