

## School menus for Feb. 21-Feb. 25, 2011

Written by Bruce Alsobrook  
Friday, 07 January 2011 17:43

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### **Sulphur Springs ISD**

Monday, Feb. 21 — Breakfast: Assorted cereal, toast and jelly, orange juice and milk; Lunch: Hot dogs with mustard, french fries with catsup, pork and beans, Teddy Grahams, fresh fruit and milk

Tuesday, Feb. 22 — Breakfast: Breakfast burrito, orange juice and milk; Lunch: Soft tacos with lettuce and tomato salad, whole kernel corn, pinto beans, mixed fruit, bread and milk

Wednesday, Feb. 23 — Breakfast: Scrambled eggs, bacon, toast with jelly, orange juice and milk; Lunch: Toasted cheese sandwiches, beef ravioli, baby carrots with dressing, assorted baked chips, fresh fruit variety and milk

Thursday, Feb. 24 — Breakfast: Breakfast pizza, orange juice and milk; Lunch: Chicken nuggets with gravy, creamed potatoes, sliced carrots, flavored applesauce, bread and milk

Friday, Feb. 25 — Breakfast: Pancakes with syrup, sausage patty, orange juice and milk; Lunch: Ham and cheese sub sandwiches with lettuce, tomatoes and pickles, raw vegetable salad, sliced peaches, baked chips and milk

### **Como-Pickton CISD**

Monday, Feb. 21 — Breakfast: booming blueberry muffin, cereal cookie crisp, apple, milk; Lunch: Double day pizza, salad, season green beans, oranges, milk

Tuesday, Feb. 22 — Breakfast: grand slam breakfast, sausage, scrambled egg, peaches, toast, milk; Lunch: Frito salad, corn, fruit cobbler, milk

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Wednesday, Feb. 23 — Breakfast: piled high pancakes, syrup, peaches, whipped topping, cereal cookie crisp, milk; Lunch: home run chicken strips, gravy, mashed potato, seasoned green beans, hot rolls, milk

Thursday, Feb. 24 — Breakfast: breakfast pizza, fruit cocktail, golden grahams, milk; Lunch: catch of the day fish, tartar sauce, cole slaw, pinto beans, peaches, cornbread, milk

Friday, Feb. 25 — Breakfast: sticky cinnamon roll, cookie crisp, apple juice, milk; Lunch: cheese enchilada, crackers, Spanish rice, pinto beans, peaches, milk

## Cumby ISD

Monday, Feb. 21 — Breakfast: Malt-O-Meal, cinnamon biscuits, fruit, juice, milk; Lunch: stuffed crust pizza, whole kernel corn, baby carrots, pineapple chunks

Tuesday, Feb. 22 — Breakfast: sausage cheese biscuits, fruit, juice, milk; Lunch: hot dogs with chili, oven fries, ranch beans, fresh fruit, teddy grahams

Wednesday, Feb. 23 — Breakfast: cheese omelet, hash-browns, fruit, juice, milk; Lunch: crispitos, refried beans, fiesta corn, chips and salsa, strawberries

Thursday, Feb. 24 — Breakfast: breakfast burrito, fruit, juice, milk; Lunch: chicken rings, potatoes, gravy, green beans, wheat roll, tropical fruit

Friday, Feb. 25 — Breakfast: combo bars, fruit, juice, milk; Lunch: chicken fillet on a bun, salad cup, potato tots, baked beans, chilled fruit

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### Miller Grove

Monday, Feb. 21 — Breakfast: sausage and pancake stick, assorted cereal, toast, jelly, juice, apple/orange, milk; Lunch: Salisbury steak or crispy fish strips, sliced bread, baked potato, tator toppings, spinach, sliced pears, milk; Alternate Choice: brown bag, chef salad

Tuesday, Feb. 22 — Breakfast: biscuit, sausage patty, country gravy, assorted cereal, jelly, juice, apple/orange, milk; Lunch: chili or tomato soup, cheese, crackers, pickle spears, tossed salad, ranch dressing, sliced peaches, milk; Alternate Choice: brown bag, chef salad

Wednesday, Feb. 23 — Breakfast: bacon and cheese eggs, flour tortilla, salsa, assorted cereal, toast, jelly, juice, apple/orange, milk; Lunch: beef and cheese nachos or quesadilla chicken, refried beans, salsa, pineapple, milk; Alternate Choice: brown bag, chef salad

Thursday, Feb. 24 — Breakfast: pancake, sausage link, maple syrup, assorted cereal, toast, jelly, juice, apple/orange, milk; Lunch: Pizza Inn choice, tossed salad, ranch dressing, corn, cheesy potatoes, applesauce cup, milk; Alternate Choice: brown bag, chef salad

Friday, Feb. 25 — cheese omelet, bacon, assorted cereal, toast, jelly, juice, apple/orange, milk; Lunch: chopped beef sandwich or pizza hot pocket, potato chips, sliced pickles, pork and beans, potato salad, rainbow cookies, milk; Alternate Choice: brown bag, chef salad

### North Hopkins ISD

Monday, Feb. 21 — Breakfast: cereal and toast or cinnamon toast, juice, milk; Lunch: sub sandwich, fixings, chips, fruit, milk

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Tuesday, Feb. 22 — Breakfast: cereal and toast or breakfast burrito, juice, milk; Lunch: spaghetti, green beans, fruit, toast, cookie, milk

Wednesday, Feb. 23 — Breakfast: cereal and toast or pancake and sausage, juice, milk; Lunch: super nachos, salad, beans, Jell-O, milk

Thursday, Feb. 24 — Breakfast: cereal and toast or muffins, juice, milk; Lunch: chicken sandwich, fixings, tator tots, fruit, milk

Friday, Feb. 25 — Breakfast: cereal and toast or sausage and biscuit, juice, milk; Lunch: chicken fried steak, potatoes, gravy, black-eyed peas, fruit, bread, milk

## **Saltillo**

Monday, Feb. 21 — Breakfast: cereal and toast; Lunch: pizza quesadillas, corn, salad, fresh fruit, chocolate cake, milk

Tuesday, Feb. 22 — Breakfast: pancake on a stick; Lunch: steak fingers, potatoes, gravy, English peas, rolls, fresh fruit, milk

Wednesday, Feb. 23 — Breakfast: cinnamon rolls; Lunch — macaroni and cheese, pinto beans, cabbage, cornbread, fresh fruit, milk

Thursday, Feb. 24 — Breakfast: sausage and biscuit; Lunch: chef salad, cheese cups, ham cups, dressing, crackers

Friday, Feb. 25 — Breakfast: oatmeal and toast; Lunch: barbecue on a bun, fries, cole slaw,

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bakes beans, milk, fruit

### Sulphur Bluff ISD

Monday, Feb. 21 — Breakfast: oatmeal, toast, juice, milk, or breakfast grab-n-go meal of chicken and biscuits, fruit, juice, milk; Lunch: chicken fried steak, whipped potatoes, green beans, roll, fruit, milk; Choices: chicken patty sandwich

Tuesday, Feb. 22 — Breakfast: French toast sticks, juice, milk or grab-n-go; Lunch: chicken fajitas, tortillas, refried beans, Spanish rice, fresh fruit, milk; Choices: quesadilla

Wednesday, Feb. 23 — Breakfast: breakfast taco, salsa, fruit, juice, milk or grab-n-go; Lunch: pizza, corn, tossed salad, cobbler, milk; Choices: chef salad

Thursday, Feb. 24 — Breakfast: eggstravaganza, toast, juice, milk or grab-n-go; Lunch: taco soup, crackers, veggie salad, cheese, fruit, milk; Choices: toasted ham and cheese

Friday, Feb. 25 — Breakfast: pancakes, sausage links, juice, milk or grab-n-go; Lunch: hamburgers with trimmings, oven fries, fruit, milk; Choices: hot pockets

### Yantis ISD

Monday, Feb. 21 — Breakfast: breakfast pizza, cereal, juice, milk; Lunch: barbecue rib sandwich or hot dog, cole slaw, pickle spears, fruit, milk, salad bar

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Tuesday, Feb. 22 — Breakfast: eggs extravaganza, toast, cereal, juice, milk; Lunch: meat loaf or corn dog, diced potatoes, black-eyed peas, rolls, milk, fruit

Wednesday, Feb. 23 — Breakfast: pancakes, sausage, cereal, milk, juice; Lunch: pizza or burrito, salad, baby carrots, fruit, milk

Thursday, Feb. 24 — Breakfast: pigs-n-blanket, cereal, juice, milk; Lunch: crispito or hot pocket, refried beans, salad, fruit, milk

Friday, Feb. 25 — Breakfast: biscuit, sausage, gravy, cereal, juice, milk; Lunch: hamburger or pizza, burger salad, French fries, fruit, milk