

Successful 'Edge' program concludes

Written by Don Wallace
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From Staff Reports

Sulphur Springs student/athletes were busy attending "The Edge" and doing well enough to please coaches.

"The Edge" exercise and conditioning program recently concluded at the high school with the best turnout in recent years.

"We had strong numbers this week with our camps. Kids worked hard and were eager to learn. All of them came with great attitudes and were extremely coachable. It was a fun week and reminded all of us it is football time," said Greg Owens, Sulphur Springs head football coach. "We are not only excited about now, but have great kids coming.

Owens said, "The Edge was a success. Our senior class is fully invested and committed to winning. Most kids saw their weight maxes increase and all who were consistent are in great shape and prepared for the start of two-a-days. We have some strong goals and need to stay healthy to make a deep playoff run. Coaches and kids are giddy and ready to start playing some ball. We have a very athletic district and three strong non-district games - fans have an opportunity to see some great high school football games."

Coach Matt Young said, "Our kids made great progress with their level of commitment and effort. You can see our juniors making significant strides along with our seniors. Our younger kids laid a solid foundation of technique along with physical improvements that will lead to long term success. 'The Edge' allows older kids to serve as examples to younger kids for what it takes to be a Wildcat. The program also allows students, who desire to, to reach a maximum level of performance. By that, I mean that students that consistently show up, work hard, and pay attention to details will be physically the best they can be as seniors in high school. As a parent that is exciting."

Coach Triston Abron added, "I think overall we had a great turnout the entire summer. The kids showed up and did a great job of working hard and pushing themselves to get better. They achieved the goals that were set for themselves leading into the summer."