

## Play or Bench?

Written by The Fantasy Fanatic  
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Just a quick rundown on Week 2 suggestions: If you are looking for advice on guys such as Brees, Peterson and Wayne, the answer is simple: Give up fantasy football! If you don't know to start them every week, then you don't need to be playing.

QB:

Start: Brett Favre (Minn.): Don't expect Favre to throw for 300 yards or 6 TDs against the Lions (it's been several years since Brett was playing like Brees), but this secondary is so bad, Favre getting two TDs through the air is almost a given. He's worth a shot if you don't own Brees, Rodgers or Brady.

Bench: Carson Palmer (Cinc.): Palmer is due for a bounce-back year, but he's still not very mobile, his OL is weak and the Packers have a relentless pass rush. That's not a good combination. Sit him if you have a better option.

RB:

Start: Chris Johnson (Tenn.): He had a poor first week, but Johnson averaged 4.8 ypc against the Texans last year and you can bet the Titans' offense will pick back up this week.

Bench: Reggie Bush (N.O.): Even with Pierre Thomas out of the picture, Bush lost the majority of carries to Mike Bell. That's not a good sign.

WR:

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**Start:** Roy Williams (Dal.): Roy went off last week, which means his confidence is high - and his fellow UT alum Aaron Ross is expected to be out this week. It's a good combination. Expect another big game.

**Bench:** DeSean Jackson (Phil.): Jackson is a breakout candidate this season, but that is with McNabb on the field. With Kevin Kolb likely to be the Philly QB this week, Jackson is just too risky to play.

**TE:**

**Start:** Visanthe Shiancoe (Minn.): The Lions gave up two TDs to tight ends last week. Maybe you should just start whoever they are playing each week.

**Bench:** Anthony Fasano (Miami): Some thought Fasano might break out this year. But he stunk it up in Week 1 with two fumbles and you really can't count on him till he proves something different.

**Defense:**

**Start:** Minnesota: The Vikings D-line against a rookie QB playing behind a weak offensive line. What is not to like here?

**Bench:** Arizona: We aren't buying the Card defense this season. If you have to start them, search the waiver wire.