

Reality T.V. might be taking over so get over it!

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Monday, 23 March 2009 10:26

One look at my DVR and you would know that I'm a huge fan of reality TV. There is nothing better than watching other people make complete fools of themselves and it wasn't part of a script. Granted some of the shows are completely unrealistic and staged but that is what makes it fun.

The competition reality shows are fun, but end up getting annoying before the season is over. Then there is the drama reality shows like, Keeping up with the Kardashians, and Real Housewives of Orange County. You can't forget family reality shows where cameras are crammed in their faces for weeks or months at a time filming their every move. There are people out there that are as dysfunctional as our families and these shows make you feel good about yourself.

So the next time you are at a restaurant and you catch yourself listening in on the conversation at the table next to you; reality TV is exactly that except you don't have to have the shame of admitting you are listening and you don't have to look away!